

# Trinity Tidings

MARCH 2015

The Newsletter of Trinity Episcopal Church

## STOP: A Lenten Practice

By Scott White

The Christian spiritual life recognizes all the aspects of our psychological life - joy, sadness, regret, forgiveness - as well as the way we use our time. We know that Lent is for reflection, repentance and forgiveness. But another important



way to think about the season of Lent, as we journey to the celebration of Easter, is about how we shape our time. Lent is made up of forty days and forty nights and each of those days is made up of twenty-four hours. One spiritual question for each of the days of Lent is how we arrange our daily life to provide time for the work of Lent - for reflection and repentance. A recent reflection I watched from the brothers of the Society of St. John the Evangelist (an Episcopal monastery) suggests one simple action: STOP. Sometimes you just have to stop. Stop doing what you are doing, no matter how important it seems, and create space for reflection. These moments do not have to be long to have impact. Each day decide when you are going to stop, even if only for five minutes, maybe two minutes to start. Set an alarm in your cell phone, on your computer. Maybe the only thing you do is sit in silence with God? Perhaps you read only one more paragraph or page of a book or devotion? One of the most important things we may do, and one of the simplest things we may do in this season of Lent is learn how to STOP, invite God in, and consider how we are blessed, how we want some things to be different and ask God's guidance in all of it.

By Grace,

Scott +



## Are We On the Road to a Capital Campaign? -- Part II

by Catherine Metzger, Sr. Warden and Scott White, Rector

You may remember that last September our previous Sr. Warden wrote in Trinity Tidings that the Vestry had asked itself this question: Are we on the road to a Capital Campaign?

And for the past few months, the Vestry has continued to ask this question.

This capital campaign business is tricky.

Our building is absolutely beautiful, but it can be needy. So it takes time and understanding to communicate throughout our parish that the lovely hundred-years-old historic window has a water problem.

Our programming is robust and engaging. So it takes an open mind to ask the question, "Are we doing ministry as fully as we absolutely can?"

Our outreach is generous, well-organized and impeccably implemented. So it takes an honest and sometimes difficult look inward to consider whether or not we can or should do more.

We have no definitive answers yet. But the Vestry did decide that if we were going to walk down this road-of-discernment-about-a-capital-campaign, we needed a crackerjack guide to lead us. So the Vestry talked. And prayed. And talked. And prayed some more.

And we decided that the guide we needed was **Ralph Simpson**.

Ralph brings so very much to this effort, both in terms of his role as a dedicated volunteer in our parish and our Diocese, and in terms of his professional experience. Ralph has been so generous in giving his time and talents to Trinity: he has served as Senior Warden and Chair of the Legacy Society and brings he brings a business acumen forged through years of spot-on, relevant experience from his professional career. Ralph loves Trinity.

You may or may not be aware that for the past few months, Ralph has been working tirelessly to gather information about if or how to move forward with a capital campaign.

We are blessed to have Ralph leading the effort to answer this question.



## Just Show Up: As you Are

On February 28, Trinity was privileged to welcome the nationally known speaker and writer Glennon Doyle Melton. Over 300 women who follow her daily blog [atmastery.com](http://atmastery.com) came from as far away as Tennessee, Virginia, eastern North Carolina and South Carolina to hear her. She was funny, authentic, and profound and we thoroughly enjoyed our time with her.

Missy Sherburne was MC for the event, and Glennon's presentation was a dialogue with our Associate Rector, the Rev. Carol Hubbard, in the church. The morning also included worship with music by Sharon Carleton Boone, and a reception in Tuton Hall with sales of Glennon's book "Carry On Warrior."

The event would not have been possible without the enthusiastic support of over twenty volunteers led by Amy Kelso, in addition to Ken Wilson, who directed registration, Dillon Manly, who supervised book sales, and Debbie Cox, who organized the reception.



## Adult Education

March 1 - 22

### Kids' Experience of the Divine: Snapshots for Grandfathers, Grandmothers, Uncles, Aunts, Fathers, Mothers

led by The Reverend Gus Boone

— Clark Room

"Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it." - Luke 18:17

Children have unique experiences of the Divine, understandings which change as they grow through the ages and stages of life. While an individual child's experience is unique, there are predictable phases that most children grow through. The order is nearly identical for all. We as adults can learn, or relearn, a great deal from children's spirituality. In this four week module the exploration will focus on: kids' attitudes/feelings, learning tasks, content/knowledge, how story speaks to different ages, thinking/choosing, nurturing the spirit, worship, rushing the moral compass. With God's help, and our willingness to share, we just might get to taste the delightful flavors of children's spirituality: such as "deliver us from eagles", "lettuce pray", "let us spray", or "thank speedy God" to name a few!

The Rev. Gus Boone is an experienced preacher, teacher, group facilitator, faith educator, author and speaker and was Canon for Lifelong Christian Forma-



tion in our diocese. He was an active member of the National Episcopal Council for Christian Education and a founding member of the National Association of Episcopal Education Directors. He has also facilitated Enneagram training events for the new bishops in the House of Bishops, national church committees, regional groups and community churches and organizations.

March 1 - 29

### Spirituality in the Gospel of John

led by Dr. Kirk Webb  
in the Undercroft

"Spirituality" is an increasingly popular term in our modern culture. Asheville has fallen in love with the word. In this Lenten study, we will explore the idea of Christian spirituality by studying several themes from the Gospel of John. John is unique among the four Gospel accounts in that he is particularly interested in a spiritually alive encounter with Christ. Join Kirk Webb for five weeks of classes exploring these important themes of life-giving spirituality:

- What is spirituality and what does it mean to "believe"?
- What does it mean to "obey" Jesus' commands?
- How are we to love one another?
- Holy Presence - Christ as "I Am"



- Light entering darkness and driving it away

Dr. Kirk Webb is a fellow "Trinitarian." He has served on the ministerial staff of several churches including the National Presbyterian Church in Washington, D.C. He has a Masters of Divinity degree from Princeton Theological Seminary. His PhD in Clinical Psychology is from Seattle Pacific University and he holds a Masters degree in Counseling as well. Kirk works as a psychologist here in Asheville and is also the Director of the Communion Center, a resource and training center for churches and clergy.

March 29 - Palm Sunday

### Make a Palm Cross

Intergenerational Workshop

Tuton Hall

In place of Christian Education classes for adults and children, we will meet in Tuton Hall to learn to make palm crosses. Come with your family and learn about this ancient tradition for Palm Sunday. Crosses will last through the year as a devotional reminder of this first Sunday of Holy Week.

Fridays in Lent, 5:30 p.m.

### Stations of The Cross or The Way of The Cross

Stations of the Cross is a Lenten tradition in many Christian Communities. The Episcopal Church has its own service for this devotion that we will be using. The devotion began as an element of pilgrimage to Jerusalem for the faithful and it is characterized by the offering of prayer at a series of places in Jerusalem that are traditionally associated with Jesus' passion and death. Quickly it was adapted for local use in parish churches with art depicting the fourteen events in Jesus' walk to Calvary's hill. Stations will be placed on the walls of the church and participants will move as a group from station to station with prayer and reflection. All are welcome. We will meet in the church at 5:30 p.m.



### Just Show Up: As you Are



# Trinity Kids



## Lent and Easter for Children at Trinity

### Children's Sunday School

### "Come to the Table -Lessons on Communion"

with the Rev. Carol Hubbard

**Palm Sunday**-Come to Tuton Hall from 9:30-10:30 to make palm crosses and a "Resurrection Garden" to take home to use for Holy Week. This activity takes the place of our regular Sunday School classes.

**Maunder Thursday**- A special service for families is at 5:30 pm. in the Redwood Chapel, followed by pizza in the Undercroft.

**Easter Sunday**- We will have a celebratory Children's Hour for the 9 am and 11 am services, with an EASTER EGG HUNT in between!

Here's the schedule if you are attending the 9 am service:

- 8:45 am - meet Beth in Tuton Hall for procession to the basement to "resurrect" our Alleluia banner. We will have a short liturgy and then process with the banner and tissue flowers for the service.
- 9:05 - Flower a large standing cross outdoors and have special cookies
- 9:10-9:30 - Redwood Chapel for Children's Easter Service
- Rejoin parents after the Peace
- 10:30 am - EASTER EGG HUNT FOR ALL-Courtyard off of Tuton Hall (rain option-Undercroft)

Here's the schedule if you are attending 11 am service:

- 10:45 - meet Beth in Tuton Hall for procession to the basement to "resurrect" our Alleluia banner. We will have a short liturgy and then process with the banner and tissue flowers for the service.



- 11:05 - Flower a large standing cross outdoors and have special cookies
- 11:10-11:30 - Redwood Chapel for Children's Easter Service
- Rejoin parents after the Peace

## Youth

### EYC March Calendar

March 1st - No EYC

Friday, March 6th - Sunday, March 8th - 2015 Episcopal Spring Youth Conference

Grades 8-12

Valle Crucis Conference Center

Cost: \$100.00

Theme: "Touching on Diversity"

[www.diocesewnc.org/youth/online-registration](http://www.diocesewnc.org/youth/online-registration)

March 15th - Lunch and Bowling at Sky Lanes

After 10:45 am service until 3:00 pm

Cost: \$8.00

"3rd Sunday"

March 22nd- Lunch and hike

After 10:45 am service until 3:00 pm

March 29th -Celtic Service and dinner  
5:15 -7:30 pm

EYC is for grades 6-12 every Sunday, unless otherwise notified. For more information, please contact Debbie Cox at 253-9361 or [debbie@trinityasheville.org](mailto:debbie@trinityasheville.org).

### Breakfast at Trinity needs YOU!

We need volunteers for March and April! Sign up on bulletin board in Tuton or contact Debbie Cox at 253-9361 or [debbie@trinityasheville.org](mailto:debbie@trinityasheville.org).

### Easter Champagne Breakfast

We are having our annual champagne breakfast on Easter Sunday, April 5th from 7:45 -10:30 am. The cost is \$5.00/family cap \$20.00. If anyone would like to volunteer, please contact Debbie Cox at 253-9361 or [debbie@trinityasheville.org](mailto:debbie@trinityasheville.org).

### Middle School Mission Trip to Raleigh, NC

June 14th - 19th

Cost: \$295.00

Deadline by March 20th!

[www.raleighyouthmission.org](http://www.raleighyouthmission.org)

Registration forms on website!





## Holy Week

### Sunday, March 29

#### *Palm Sunday*

- 8:00 am Liturgy of the Palms and  
Passion of Our Lord Jesus Christ according to Mark
- 9:00 am Breakfast
- 9:30 am Intergenerational Workshop in Tuton Hall  
Making Palm Crosses and Resurrection Gardens
- 10:45 am Liturgy of the Palms and  
Passion of Our Lord Jesus Christ according to Mark
- 5:30 pm Celtic Eucharist with Blessing of Palms

### Monday, March 30

- 5:30 pm Eucharist in the Chapel

### Tuesday, March 31

- 5:30 pm Eucharist in the Chapel

### Wednesday, April 1

- 12:15 pm Eucharist in the Chapel
- 5:30 pm Eucharist in the Chapel

### Thursday, April 2

#### *Maundy Thursday*

- 5:30 pm Service for Families and Children with optional foot washing in the Chapel  
Pizza following the service in the Undercroft
- 7:00 pm Maundy Thursday Liturgy with optional foot washing, Eucharist and  
Stripping of the Altar in the Church

### Friday, April 3

#### *Good Friday*

- 12:15 pm Good Friday Liturgy with the Passion Gospel
- 5:30 pm Good Friday Liturgy with the Passion Gospel

### Sunday, April 5

#### *Easter Day*

- 6:00 am Sunrise Easter Vigil Beginning in the Memorial Garden with a quartet from the Choir
- 7:45-10:30 am Breakfast
- 8:45-12:30 am Nursery Open
- 8:45 am Children's Hour for the 9:00 service begins in the Redwood Chapel (All children 3 years (potty trained to 5th grade) are welcome to partake. The children will flower the cross, be part of the main procession for the 9:00 service, have snack and story time and return to the church at the time of the Eucharist)
- 9:00 am Full Choral Eucharist with choir and brass
- 10:30 am Easter Egg Hunt in the Chapel Courtyard
- 10:45 am Children's Hour for the 11:00 service begins in the Redwood Chapel (All children 3 years (potty trained to 5th grade) are welcome to partake. The children will flower the cross, be part of the main procession for the 9:00 service, have snack and story time and return to the church at the time of the Eucharist)
- 11:00 am Full Choral Eucharist with choir and brass
- 5:30 pm The Celtic Eucharist will not be held today.

## Wednesday Evenings During Lent

February 25, March 4, 11, 18, 25

Wednesday evenings in Lent will be an opportunity for fellowship, study and reflection as part of our Lenten observance. There are three parts of the evening: Eucharist, Dinner and Reflection/Study for Adults and a separate activity for Children and Youth. Nursery Care will be provided. You are welcome to attend any part of the evening that works for you and your schedule. If you can only come to the Eucharist that is fine. If you want to come and eat and then get home, that works. If you want to come to the study only, it's ok. Come to whatever part of the evening works for you and your family.

5:15 pm

### Holy Eucharist

*in the Redwood Chapel*

As part of our Lenten offering on Wednesdays, we will hold a brief service of the Holy Eucharist in the Redwood Chapel. This service will last 30 minutes and will be an additional opportunity for prayer and reflection in the season of Lent.

5:30 pm

### Lenten Dinners

Wednesday evening dinner will begin being served at 5:30 pm in Tuton Hall. The cost is \$5.00/\$20.00 family cap.

The menus are:

February 25th: Poppseed Chicken/Salad/Dessert

March 4th: Baked Potato Bar/Spinach Salad/Dessert

March 11th: Chicken Casserole/Salad/Dessert

March 18th: Lasagna/Salad/Dessert

March 25th: Soup/Salad/Dessert

If you would like to volunteer to help cook, collect money, and clean up please contact Debbie Cox at 253-9361 or [debbie@trinityasheville.org](mailto:debbie@trinityasheville.org).

6:15 pm

### LEGOS for Lent

*Building Faith Brick by Brick  
in the Undercroft*



Children (ages 4 through 5th grade) will encounter the stories of Jesus through the use of LEGOS! A wonderful curriculum by Emily Given, invites children to engage with Bible stories using their imaginations and their own two hands! Who knew LEGOS could be the basis for theological reflection? Well, they can!

Each Wednesday we will explore a different story of the life and ministry of Jesus. LEGOS are provided.

Feb. 25th: The Transfiguration

March 4th: The Widow's Offering

March 11th: The Temptation in the Desert

March 18th: Jesus Enters Jerusalem

March 25th: Jesus Cleans House (the money changers in the Temple)

6:15

### Growing into Christ: In the Light; in the Darkness; in Community

*The Rt. Rev. G. Porter Taylor*

Please join us as we welcome our bishop to lead us in Lenten study and reflection.

St. Paul in his letter to Ephesians, calls the early followers of Jesus to "grow up in every way into him who is the



head, into Christ." Our life with the Lord, therefore, is always dynamic. We are being changed even as we devote ourselves to be his instruments of change in the world.

These Lenten sessions will focus on transformation. We will concentrate on the growth that occurs when we are both pulled and pushed by the Holy Spirit. That is, those times when our lives come together and we are moved to a new reality as well as those when our lives to some degree fall apart and we fall into the hands of a living God. Finally, we will examine how this growth brings us together and makes a new sense of community possible. As St. Paul continues in the Ephesians passage, this process "promotes the body's growth in building itself up in love."

Feb. 25: "All the way to heaven is heaven." Catherine of Siena. We grow when the Spirit pulls to a new place. In those moments the world comes together and we know what we are here for and where we are called to go.

March 4: "If you want to look at the stars, you will find that darkness is necessary." Annie Dillard. We grow by walking in the way of the cross. When we come to our limits or our failures, then we discover the land of grace.

March 11: "Christianity means community through Jesus Christ and in Jesus Christ." Dietrich Bonhoeffer. We grow in our ability to witness the presence of Christ in the persons that most antagonize, irritate, or oppose us. Our capacity for community signals our growth.

## Confession or The Reconciliation of a Penitent

*Available by Appointment*

On page 447 of the Book of Common Prayer you will find a service entitled, "The Reconciliation of a Penitent." It's better known as Confession. The sacramental rite of confession is when a person comes before a priest of the church to confess their sin. To be sure, each Sunday we say "The General Confession" in church and the priest provides absolution, which is the authority of the church to proclaim what God has declared in the Holy Word. Yet there is a whole new dynamic of confession when one is able to name their faults to a person who is bound by the seal of God's Word and by the seal of confidentiality. The seal

of the confessional is absolute. Lent would be a traditional time to consider the rite of Confession and the clergy of Trinity are available by appointment. In some congregations the service is offered at a publicized time and happens in a confessional booth at the church. However it is often the case that the service is better held in the context of a conversation that can happen in the priest's office or at the communion rail of the church. If you would like to partake in the sacrament of confession you are welcome to make an appointment with one of the clergy.

## Trinity Episcopal Church

The Episcopal Church in Downtown Asheville Since 1849

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Email: info@trinityasheville.org

Web address: www.trinityasheville.org

### Sundays at Trinity

8:00 am: Holy Eucharist

9:00: Breakfast

9:30: Nursery Opens

9:30: Education & Formation for All Ages

10:45 am : Holy Eucharist

12:15 pm: Coffee Hour

5:30 pm: Celtic Service with Eucharist

### Church of the Advocate

Sundays: 1:30 p.m.

### Our Vision Statement:

“Trinity Church is a nurturing Christian community providing opportunities for worship, Spiritual growth and commitment in a supportive and open atmosphere.”



The Reverend Dr. R. Scott White.....Rector  
 The Reverend Carol Hubbard..... Associate Rector  
 The Reverend Peggy Buchanan ..... Deacon  
 Dillon Manly..... Financial Assistant  
 Ken Wilson .....Administrative Assistant  
 Sharon Carleton Boone ..... Music Ministry  
 Debbie Cox ..... Fellowship & Youth Ministries  
 Beth Chestnut ..... Children & Family Ministries  
 Jo Rice ..... Assistant to Program  
 Paul Dismukes..... Building Engineer  
 Glenn Childes ..... Sexton

### VESTRY

Class of 2015	Class of 2016	Class of 2017
Sally Cochran	Hope Byrd	Spencer Atwater
Catherine Metzger	Vince Childress	Courtney Blossman
David Pheil	Todd Cross	Elizabeth Boulter
Adrian Vassallo	High Garst	John Hoskins
Charlie Waddell	Sandy Grant	Bonnie Scothorn

Carole Hilderbran ..... Senior Warden  
 Chris Kam ..... Junior Warden  
 Jeff Covington ..... Treasurer  
 Katie Chappell ..... Clerk

## Music

Easter Music will include identical music at the 9:00 and 11:00 services. A brass quartet from WCU, lead by Dr. Brad Ulrich, will be with us, as well as the full Chancel Choir. The anthem for the day will be the “Hallelujah Chorus” from Messiah, and



Stephen Tappe

one of the congregational hymns will be a festival arrangement of “The Day of Resurrection,” written by Trinity’s former director/organist, Stephen Tappe. A quartet of singers will lead music at the very beautiful Vigil service.

Mark your calendars for some outstanding international concerts coming our way:

- May 28, the Mwangaza Children’s Choir, based in Gaba, Uganda



- Sept. 28, The Kiev Symphony Orchestra and Chorus from Kiev, Ukraine  
*More details about these concerts next month!*

Thanks to all the talented performers who sang at our Broadway/Musical Revue night. Great entertainment and great food! Performers included Sydney Butler, David Woodard, Anna Whisnant, Members of the Chancel Choir, Joanna Rinehart, John Hall, Madalyn Benn, Roberto Flores, Jackie Collison and Gracie Stevens ( we missed hearing Katie Stevens due to illness). Thanks also to Andrew Davis for assisting in playing piano accompaniments.

## Sabbatical Season

The Rev. Carol Hubbard, our Associate Rector, is looking forward to a time of sabbatical this year, beginning April 20 and ending July 5. This time is intended for rest and refreshment above all, and while Carol’s plans are not complete yet, they will include a retreat with the Society of Saint John the Evangelist in Cambridge, MA, as well as vacation with family and friends.



For the past twenty-five years, sabbatical time has been an important aspect of clergy life in the Episcopal church. It allows for renewal and restoration in ministry and extended time to reconnect with life in God. For the privilege of this time away, Carol is most grateful.